



ASHTAE.COM

HOW TO ACHIEVE THE BANTU KNOTS

BEFORE



AFTER



STEPS



STEP 1
Shampoo with the Ashtae Clarifying Shampoo to thoroughly cleanse the hair



STEP 2
Second Shampoo with our Sulfate-Free Moisturizing Shampoo or the Volumizing Detangling Shampoo



STEP 3
Condition with your favorite Ashtae Conditioner, detangle at the bowl and rinse with cool water



STEP 4
Apply the Ashtae Moisture Plus Leave-In Conditioner throughout the hair



STEP 5
Make your partings for the style as you desire. For the base of each knot, use the Ashtae Lock & Twist + Ashtae High Gloss Curl Wax. You can also replace these with the Lay & Stay Edge Control. Hold with a rubber band



STEP 6
Apply the Ashtae Heavenly Foam Lotion, twist and turn the hair onto itself to create a knot.



STEP 7
Repeat this technique throughout the head of the hair



STEP 8
Finish the style with the Ashtae Lay & Stay Edge Control to lay down the edges



STEP 9
Mist with the Ashtae Sili Gloss for a touch of shine